



Dear Colleagues,

Since March we have faced an invisible danger that presents a serious risk to our lives, our family, our social life and the way we will live and work in the future. The last few months have been exhausting both physically and mentally, and we know how hard it has been for our public sector workers on the frontline keeping our services open for the citizens of Caerphilly County Borough. Everyone has gone above and beyond, and we thank you for that.

As Trade unions we know the impact that Covid-19 can have on our member's mental health and this must not be underestimated. As the recognised trade unions, GMB, UNISON and UNITE all have support services available for members which can be accessed by contacting your workplace representative or visiting your Unions website. Protecting your health and wellbeing is essential.

As the joint trade unions, we are aware that the continual restrictions are starting to take its toll on all of you, but these restrictions are important to reduce the risks of Covid-19 and its transmission. If you do contract COVID-19 it is vital that you provide as much information as you can to the Track and Trace service so that everyone who has been in contact with you can be contacted so that they can protect themselves and their loved ones.

In addition, the risk assessments that are in place in your workplace are there to protect you, so we urge you to follow them. If you haven't seen your workplace risk assessment or are unsure about what it means, then please speak with your line manager as they have a responsibility for your safety too.

The risk of Covid-19 doesn't stop when you clock off and it's important for everyone's safety that you make sure you maintain social distancing at all times, wash your hands on a regular basis and wear a face covering or mask whenever you need to. You should **not** car share when commuting to and from work.

Please follow the advice from Welsh Government and Caerphilly council and be mindful that some of this has now become a legal requirement. If you are unsure about any of the advice or information, please contact your workplace rep or branch office. By working together and each of us playing our part we can kick this virus into touch!

Regards,

Neil Funnel
Branch Secretary GMB

Lianne Dallimore
Branch Secretary Unison

Gary Parr
Branch Secretary Unite